



March 13, 2020

FJUHSD has been following the guidance of public health experts on how we can keep all who are part of our school community safe during this growing health crisis. We are now at the point where the appropriate path is to close schools. While our school facilities will be closed to students, plans are in place for students to continue to learn during this time.

We will be moving to a Distance Learning Model (On-Line) effective Monday, March 16, 2020. While the idea of Distance Learning is a significant shift from the typical learning model, we have been working with our teachers on a Distance Learning Platform to ensure that high-quality instruction continues during the week of March 16-20, 2020.

All school events and activities are canceled/postponed until further notice.

Meal plans will continue to be provided between 10 am-2 pm in the main cafeteria. To-go style sacked lunches will be available.

FJUHSD will follow the schedule below during the next two weeks:

- March 13, 2020: All District schools will remain open
- March 16-20, 2020: All District schools will close to students and instruction will continue through Distance Learning (On-Line)
- March 23-27, 2020: Spring Break - No school
- March 30, 2020: Reopening of schools - Pending agency recommendations

Distance Learning Plan

- Regular School Hours: (06:55 AM - 03:58 PM)
- Classes will meet every day on-line according to the student's normal daily schedule

REGULAR SCHEDULE				Min
6:55 AM	-	7:52 AM	: Zero period	57
7:57 AM	-	8:54 AM	: Period 1	57
8:59 AM	-	10:00 AM	: Period 2	61
10:05 AM	-	11:02 AM	: Period 3	57
11:02 AM	-	11:20 AM	: BREAK	18
11:25 AM	-	12:22 PM	: Period 4	57
12:27 PM	-	1:24 PM	: Period 5	57
1:24 PM	-	1:54 PM	: Lunch	30
1:59 PM	-	2:56 PM	: Period 6	57
3:01 PM	-	3:58 PM	: Period 7	57

- Google Classroom will serve as the main platform. Students will be provided instructions daily by their teacher of record.
- Teachers will be available on-line during the regular daily instructional period.
- Work and assignments will be completed electronically and teacher feedback and grades will continue.



Sunny Hills High School

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- Staff members will check school email at least once per day and respond to parent communication within 24 hours. If you do not have wi-fi at home, please email Melissa Stinson mstinson@fjuhsd.org 714-626-4205 and arrangements will be made.
- All employees will continue to report to their current assignment.

Please know that the District will continue to do everything possible to ensure that learning continues in the days ahead. Students and parents are asked to check their email regularly for further announcements and information. If students/parents need to contact an administrator or teacher, the most effective method is through email. However, unless otherwise advised by health officials, school offices will be open during normal school office hours 8:00 am - 4:00 pm.

We hope that this plan reassures you that your students' educational progress will continue during the following week.

To support you and your student through this process, we are providing you the following links with some helpful tools and tips:

- The CDC [Mental Health and Coping During COVID-19](#)
- The Child Mind Institute's [Talking to Kids About the Coronavirus](#).
- National Association of School Psychologists' [Talking to Children About COVID-19: A Parent Resource](#)
- SAMHA's [Coping With Stress During Infectious Disease Outbreaks](#)

Prevention Reminder

There is currently no vaccine to prevent COVID-19. The best way to prevent illness is to avoid being exposed to this virus. However, as a reminder, the CDC always recommends everyday preventive actions to help prevent the spread of respiratory diseases. Please note the following general precautions as advised by health and government officials/agencies:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick or if you may have come into contact with someone who is seriously ill. Please report any illness or absence to the school.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- For information about handwashing, see [CDC's Handwashing](#) website.
- For information specific to healthcare, see [CDC's Hand Hygiene in Healthcare Settings](#).
- These are everyday habits that can help prevent the spread of several viruses. CDC does have [specific guidance for travelers](#).



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During Spring Break

- Be aware of [CDC](#) travel guidelines when planning Spring Break trips. Please refer to the CDC website for further information regarding travel restrictions as this site is updated regularly by the CDC.
- School field trips planned for Spring Break, including domestic trips within the United States, are canceled.
- CDC travel advisories are strongly recommending avoiding travel to countries listed below. If families choose to travel to those countries, those students and parents will not be able to visit any District campus for 14 days upon returning to the U.S.
 - * China, Hong Kong, Iran, Italy, Japan, and South Korea

Thank you for trusting us with the education of your students. We have done our best to set up a learning scenario that is accessible by all and will allow us to provide instruction and learning at the highest level possible during this health crisis.

Allen Whitten
Principal
Sunny Hills High School
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